

Prairie Hills Assisted Living  
and Memory Care  
219 S. Cedar Street  
Tipton, Iowa 52772

Postage  
Information

FEBRUARY 2018

# Prairie Hills News

• Prairie Hills Assisted Living and Memory Care • 219 S. Cedar St. • Tipton, IA 52772 • 563-886-1584 •



## Join Us this Month!

Feb. 1<sup>st</sup>: Resident and Family Meeting- Meet and Greet Tiffany @1:00

Feb 2<sup>nd</sup>: Live2BHealthy program @ 10:00

Feb 6<sup>th</sup>: Entertainment by John Krob @1:00 and Pie and Ice Cream Social @3:00

Feb 9<sup>th</sup>: Sweethearts Dance and Refreshments @2:00

Feb 13<sup>th</sup>: Entertainment by Ernie Jennings @3:00 and Entertainment by Heaven's Calling @6:00

Feb. 15<sup>th</sup>: Entertainment by Terry Stone @ 10:30

Feb. 16<sup>th</sup>: Entertainment by Just Mike @ 1:00

Feb. 18<sup>th</sup>: Game Day with 4-H Inland group @2:30

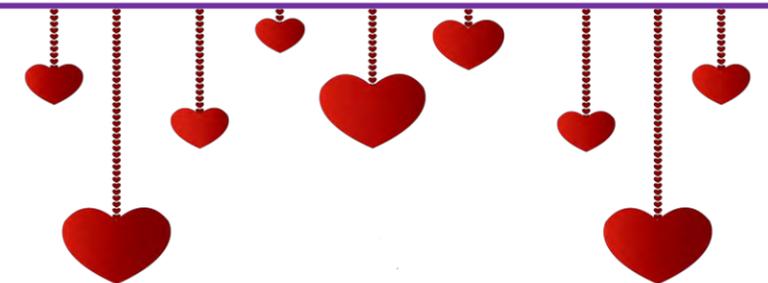
Feb. 20<sup>th</sup>: Entertainment by Jo Brown @ 1:00

## Welcome our new Health Care Coordinator, Tiffany!

“I wanted to take a moment to introduce myself and share a little bit of my history. My name is Tiffany Rickey and I’m a Registered Nurse. I started working with the elderly in 2002 when I became a certified nursing assistant while going to nursing school. I have been working as a nurse since 2006 when I received my LPN from Muscatine Community College. I continued my schooling and received my RN in 2008 from Scott Community College. Most of my career has been in Long Term Care and Skilled Nursing. Although, I did work in acute care in the hospital setting for about a year and a half.



I am so excited to be starting this new journey here at Prairie Hills as your new nurse. I can’t wait to get to know each and every one of you! If you have any questions or concerns, feel free to stop by the nurses’ office and I would be happy to talk to you.”



Please join us for our Sweetheart’s Dance on February 9<sup>th</sup> from 2:00-4:00!

We will have music, refreshments, snacks, and dancing! This will be a fun afternoon so we hope to see you there! RSVP to Hannah if you can come!

## A Word from Senior Housing Management:

When we started Senior Housing Management nearly 14 years ago, our mission was to provide homes and health care services to seniors where the red carpet could be rolled out daily. I am proud to say that our company still operates under the same basic principle... but now with a few new additions!

As of January 1st, Senior Housing is now providing management services for SunnyBrook at Carroll and three Prairie Hills locations in Clinton, Independence and Tipton. These four communities already offer Assisted Living and Memory Care apartments in beautifully crafted buildings and we are happy to lend our advice and expertise in the areas of operations, health care, culinary services, life enrichment and more!

As Iowa’s largest management company of retirement living communities, we are honored to serve seniors across the state and into Illinois, but our biggest point of pride is being good Midwest people, taking care of good Midwest people.

**Allen Phillips, President** – January 2018





**Music Speaks** will begin in February, two times a week. This program is designed to help residents struggling in one or more of the following areas: cognitive, physical, communication, and social/emotional.

Brooke Moeller, a Board-Certified Music Therapist, will be our community's leader for Music Speaks. She graduated from Wartburg College with a Bachelor's degree of Music Education with Music Therapy. She specializes working with older populations and those with dementia. Brooke uses many instruments for therapeutic use including the guitar, piano, voice, banjo, mandolin, ukulele, guitalele, and percussion. We are very excited for her to be a part of our community and implement this wonderful program!



### Alzheimer's Support Group

We will meet this month on Tuesday the 27<sup>th</sup> at 6:30pm in the private dining room.



Despite the cold weather, we still enjoy going on outings to places like Monty's and Cedar Manor!



We started our scrapbooking club in January! Every month the residents will be decorating and putting together a scrapbook page. At the end of the year, Hannah will put together each resident's book to gift as a Christmas present!

