

Prairie Hills Assisted Living
and Memory Care
219 S. Cedar Street
Tipton, Iowa 52772



Your Mailing Address
Street Number and Name
City, State ZIP Code

MAY 2018

Prairie Hills News

• 219 S. Cedar Street • Tipton, Iowa 52772 • (563) 886-1584 •



Join us this month:

1st: John Krob entertainment @1:00 and Pie and Ice Cream Social @3:00

8th: DVDs about Heaven with Betty Hanna @10:30 and Heaven's Calling entertainment @6:00

10th: Terry Stone entertainment @10:30

15th: Jo Brown entertainment @1:00 and Ernie Jennings entertainment @2:00

17th: Pet Therapy with Lilly @2:00

22nd: DVDs about Heaven with Betty Hanna @10:30 and Alzheimer's Association: Signs and Signals Program @6:00

24th: Heartland Band entertainment @3:00

25th: John Fliss entertainment @1:00

29th: Alzheimer's Support Group @6:00

The results are in! Live 2B Healthy has made us stronger and more agile! After our first quarter assessments, EVERY participant of Live 2B Healthy has improved significantly!! This is the first time in Live 2B Healthy history that this has EVER happened!

Our community is proud to have partnered with Live 2B Healthy to provide professional quality, Certified

Personal trainer led senior fitness classes at our community. By providing these classes, we are proudly announcing our commitment to improved quality of life to the community. We encourage you to get active and improve your balance, strength, flexibility and even your social life! Live 2B Healthy takes place at 10:00am every Monday, Wednesday, and Friday in our Community Room.



Prairie Hills at Tipton currently has immediate availability for Independent Living, Assisted Living, Memory Care and Respite Care!

When you make a referral to Prairie Hills at Tipton, we'll reward you with 1 FREE month's rent upon their move-in!!

Special days this month:

May 1st: May Day
May 5th: Cinco de Mayo
May 13th: Mother's Day
May 25th: National Wine Day
May 25th-27th: National Polka Day
May 28th: Memorial Day
May 30th: National Senior Health and Fitness Day

Please consider joining us this month for "The 10 Signs and Signals of Dementia and Alzheimer's" presented to you by the Alzheimer's Association. This presentation will be given on May 22nd at 6:00pm in the Community Room. There will be a lot of beneficial information shared and many questions answered.

Let's Celebrate This Month!

May 4th: Merlin has resided at Prairie Hills for 1 year!
May 15th: Happy Birthday, Morgan!
May 21st: Happy Birthday, Donna!
May 31st: Happy Birthday, Velva!





Our Open House event was a great way to introduce our coordinators to families and the public. We were able to show off our newly remodeled Hospitality Room. Everyone enjoyed wine, snacks, and door prizes.



Delores Rohlf was the lucky winner of our gardening basket during our Open House. Other prizes included gift certificates to local businesses and a variety of gift baskets!



Our cold "Spring" season did not stop us from enjoying our weekly bus outing! We look forward to our trips around the country side as the flowers finally start to bloom!

Dare to Dream

Jen Drumm's dream has been to go to Ireland for many years. So, Life Enrichment Coordinator, Hannah, did a little research to bring the Irish culture closer to home. She found that Paramount Theater in Cedar Rapids was presenting a show called the Rockin' Road to Dublin. With little convincing, Jen agreed that this would be a night to remember. Jen's mother, Jan, joined the two as a guest and the ladies left for Cedar Rapids. The first stop was to Biaggis restaurant for some delicious Italian food. We were seated next to a large fireplace and were treated wonderfully. We took our time visiting and enjoying the food and atmosphere. We then went on to the Paramount Theater in downtown Cedar Rapids. We had never been, so we spent some time looking around at how beautiful everything was. We found our seats and were so pleased at how close they were to the stage!



The Rockin' Road to Dublin is a combination of Irish Dance Performance and a Rock Concert. After the first song was over, I asked Jen what she thought. She turned to me while wiping a tear from her eye and said, "Thank you so much, this is so amazing". Everyone that knows Jen knows how much she loves music and to sing, so when they performed a rock medley of songs like "Anyway You Want It" and "Eye of the Tiger", Jen belted out the lyrics as if she were on stage. When they performed a battle between the drummers and the dancers, Jen clapped the entire time with the biggest smile on her face. She told me that her heart did a pitter patter because she loves drummers so much.



Everyone was SO eager to head to Sutliff for lunch and thankfully we had a gorgeous day to go! Our bus was full and our stomachs were hungry. We all had a delicious meal and a wonderful time!

After the show, Jen was able to meet the singers and performers and she was so excited. She told them this was her "special night" and thanked them for such a great show. Jen was so thankful and appreciative of the opportunity to go and is still wanting to listen to their album weeks later.