

Prairie Hills Assisted Living
and Memory Care
219 S. Cedar Street
Tipton, Iowa 52772



JUNE 2018

Prairie Hills News

* 219 S. Cedar Street * Tipton, Iowa 52772 * 563-886-1584 * www.PrairieHillsLiving.com



Join Us this Month:

5th: John Krob
entertainment @1:00 and
Pie and Ice Cream Social
@3:00

12th: Ernie Jennings
entertainment @3:00 and
Heaven's Calling
entertainment @6:00

13th: Blood Drive from 1:30-
6:00

14th: Alan Abrahamson
entertainment @5:30

15th: Just Mike
entertainment @1:00 and
Hospice Open House Event
from 3:00-5:00

19th: Jo Brown
entertainment @1:00

22nd: IPOST Event with
Lisa from 1:00-3:00

26th: Alzheimer's Support
Group @6:30

28th: Janet Lieb
entertainment @10:30

29th: Celebrate June
Birthdays @4:00



Joyce, Lee,
Frances,
Virginia,
Alberta,
Velva, &
Gerry with
their finished
tulip craft!

Prairie Hills has some great events happening this month!

Our monthly Pie and Ice Cream Social will be June 5th at 3pm. We have a great turn out for this and welcome you to join our family for some great conversation and homemade pie!

On June 13th from 1:30-6pm the Mississippi Valley Regional Blood Center will be in our Community Room hosting a blood drive.

This is a great way to give back to the Community if you are able. Please call Shari @ 563-886-1584 to set up a donation time. Lastly, on June 26th at 6:30pm in our Private Dining Room, the Alzheimer's Support Group will be meeting. As always, activities and events are open to the public. Have a great June, everyone, we look forward to seeing you!



Shari Slaton
Community Relations
Coordinator

Let's Celebrate this month:

June 1st: Venita has resided at Prairie Hills for 5 years!

June 3rd: Happy Birthday, Nicole!

June 5th: Happy Birthday, Dottie!

June 5th: Liz has been a team member for one year!

June 6th: Happy Birthday, Lynn!

June 14th: Flag Day!

June 17th: Happy Father's Day!

June 18th: Happy Birthday, Bonnie!

June 18th: Happy Birthday, Cherry!

June 19th: Happy Birthday, Vivian!

June 21st: Bernice has resided at Prairie Hills for 10 years!!

June 22nd: Happy Birthday, Erika!

June 25th: Happy Birthday, Bob F!



We enjoyed the beautiful weather while delivering May Day baskets throughout the Community!

Lisa Lenz
Healthcare
Coordinator



We have many new faces on our nursing staff! Please help me welcome -

Emilee Hamann: College student attending UNI but here working as a Resident Assistant full time this summer!

Braquel Leeper is also a full-time evening Resident Assistant working this summer to help us out!

Beth Hinrichs starts June 6th. She recently moved to Clarence with her 6-year-old daughter Leah from Guttenburg, IA. Beth will be full time days.

Michelle Silva started in April. She has been working evenings because she is a teacher. She will be working full time hours this summer.

Mackenzie Schroeder is also a teacher who started in April on evenings and will work full time days this summer!

Welcome back **Kalyn Howe**. She has her summer break from Mt. Mercy University.

June 22nd from 1:00 -3:00 we will have a **LISA EVENT!!** What if you had an injury or illness that left you unable to make your own health care decisions? Would your family, friends or health care team know what kind of medical treatment you would or would not want?

Honoring your Wishes has joined forces with Lisa and will be coming to offer Education and Information about Iowa City Hospice, Advance Care Planning and the IPOST order we have touched on. This service is available at **no cost**, refreshments provided. Please invite your family so they too, can be informed of the many options available for your future health care goals.



Loving the beautiful weather!



Amy McAtee
Manager



June 5th through 11th is National Sun Safety Week!

Summer is here! This means longer days, shorter nights, and more time in the sun! Be sure to take the appropriate precautions to keep yourself safe! Apply sun block, stay hydrated, wear appropriate clothing to shield your skin, and be aware of the weather! Even on a cloudy day, sunburns can happen! Sand, water, and concrete reflect 85-90% of the sun's UV rays. To ensure your safety this summer; keep in mind that the sun is strongest between 10am and 4pm, wear clothing that's dark and tightly woven, wear a wide-brimmed hat and sunglasses, sunscreens need to be applied liberally and evenly over all exposed areas.

New Menus are in!

We have started using our Spring and Summer recipes. Keep an eye out for meals you particularly enjoy as well as meals that you may not like as much. I appreciate your feedback. We are excited to have the grill up and running again. Every Wednesday for lunch, Neal will be grilling the main entree for us!



Charlene Daisy
Culinary
Coordinator



For an individual living with Alzheimer's, as well as their loving caregivers, every day feels like The Longest Day. On June 21st, we have planned a fun day with activities. We not only want to symbolize the daily challenges of the disease, but also honor those we've lost or that are living with Alzheimer's. On this day, we encourage you to do what you love in support of someone that you love. It allows you to get as creative as you desire. Don't forget to wear something purple that day to show your support!



Crystal Jacobus
Memory Care
Coordinator



Hannah Sloan
Life Enrichment
Coordinator

Things are really blooming!

I'd like to thank Ms. Mills Ag Class for assisting with some clean-up and beautification of our property. Landscaping around our new vinyl fencing is underway and lawnmowing season is in full swing.

With this warm weather, we are also aware and prepared for storms and warnings that often occur during this time of year. Routine drills and training are done with staff and residents to ensure everyone's safety.



Neal Slaton
Maintenance
Coordinator

Let's stay active!

We had a very fun and busy month of May! Started off the month making and delivering May Day baskets to friends and family in the community, had weekly entertainment, went on weekly outings with full bus-loads, and we celebrated National Nurses Week with our nursing staff. We have so much to look forward to in June as well! We're making a big trip to see the Kernel's baseball team play, going on a fishing outing, maintaining our raised garden beds of vegetables, and introducing a variety of new activities as well! Each weekend, the manager on duty will pick their own activities to coordinate and lead while they are on shift. We are excited to create a wider variety for weekend activities. As always, if you have any suggestions for the activities department, don't hesitate to communicate those with me!

Have a wonderful month!