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HAPPENING AT PRAIRIE HILLS

PRAIRIE HILLS ASSISTED LIVING AND MEMORY CARE 1701 13TH AVENUE N.

Your Mailing Address
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Once Upon a Time

Once upon a time, it was decreed that February 26 would forevermore be Fairy Tale Day. Whether you fancy woodland sprites, fire-breathing dragons, princesses locked in high towers, or talking animals, fairy tales and the lessons they impart are integral parts of every culture.

Scientists have traced the first fairy tales back to an era before the written word. An old folktale entitled “The Smith and the Devil,” which is about a blacksmith selling his soul to the devil in order to gain magical abilities, dates back to the Bronze Age—6,000 years ago. Researchers from the New University of Lisbon in Portugal believe that this ancient tale was shared orally in a language that does not exist today. It is no surprise that fairy tales are so old. The purpose of these stories, after all, is to teach children clear distinctions between good and evil and right and wrong. Fairy tales are, in essence, morality tales filled with magic and wonder as a means to attract the attention of a young audience. Yet, adults are no less in need of morality tales.

The brothers Wilhelm and Jakob Grimm, famous for their collection of fairy tales, also believed that many of the stories they found had existed for centuries before they wrote them down. They listened to old-timers tell the beloved tales “Little Red Riding Hood,” “Cinderella,” “Hansel and Gretel,” and “Snow White” and then transcribed their versions of the tales into print. The Brothers Grimm were the first scientists of folklore. They even took positions as librarians and historians at the University of Göttingen in Germany.

It would be wise on Fairy Tale Day to choose a story collected by Wilhelm Grimm, for this brother’s birthday falls on February 24. If you’ve grown tired of the same old tales, then perhaps you can read a new tale, such as “The King of the Golden Mountain,” “Hans My Hedgehog,” or “Cat and Mouse in Partnership.”

Celebrating February

Haiku Writing Month

Mend a Broken Heart Month

Library Lovers Month

Bubble Gum Day

February 1

Groundhog Day

February 2

Celebration of Love Week

February 10–16

Valentine’s Day

February 14

Love Your Pet Day

February 20

Tooth Fairy Day

February 28

February Birthdays

In astrology, those born between February 1–19 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and valuable team members. Those born from February 19–28 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends.

- Clark Gable (actor) – February 1, 1901
- Red Buttons (comedian) – February 5, 1919
- Babe Ruth (ballplayer) – February 6, 1895
- Jules Verne (author) – February 8, 1828
- Jimmy Durante (actor) – February 10, 1893
- Galileo Galilei (astronomer) – February 15, 1564
- Cybill Shepherd (actress) – February 18, 1950
- Patty Hearst (kidnapee) – February 20, 1954
- Olave Baden-Powell (guide) – February 22, 1889
- Steve Jobs (innovator) – February 24, 1955
- Fats Domino (musician) – February 26, 1928



Gerald Determan(February 9th)

Marilyn Kutzli(February 16th)

Happening at Prairie Hills this month

FEBRUARY 1ST WE WILL HAVE A **SUPERBOWL PARTY !MUSIC WITH PAT JONES ALONG WITH OUR HAPPY HOUR! DRINKS, SNACKS.AND A WHOLE LOT OF FUN!!**

FEBRUARY 3RD WE WILL START OUR **MENS CHAT DOWN IN THE GAME ROOM WITH JIM OUR CLINICAL CARE COORDINATOR @9:30AM UNTIL 10:00. THIS WILL BW HELD TWICE A MONTH EVERY OTHER WEDNESDAY.**

FEBRUARY 13TH DON COMBS FROM **CAMPASSES WILL BE HERE DOING A PRESENTAION "HOW TO DEAL WITH LOSS" WE WILL HAVE THIS IN THE LIVING ROOM AREA.**

ALSO ON THE 13TH WE WILL **INTERDUCED TO LAUGHTER YOGA AT 9:30 AM ONE OF OUR MANAGERS FRIENDS WILL BE HERE TO SO US THIS FUN NEW ACTIVITY!!**

FEBRUARY 14TH WILL BE OUR **VALENTINES PARTY! WE WILL BAKE VALENTINES DAY GOODIES IN THE MORNING, ONE OF OUR CRAFTS THIS MONTH WILL BE MAKING VALENTINES DAY BOXES OR BAGS,SO WE CAN MAKE VALENTINES FOR EVERYONE 😊**



Hi from room 412 Just Marilyn K, writing again.

Welcome to February with its hearts so red, amethyst birthstones and violets. With its furry little animal telling us the weather, it brings us lingering snow storms. It is valentines, roses and chocolates. There's cherry pie and red, white and blue ribbons for President's day and just maybe, there will be days with thaw- water dripping off the icicles.

We have Mr. Groundhog to tell us if winter will stick around or spring will show up. Who ever dreamed up Groundhog Day surely had a good idea, if winter has to linger we can at least make it an event. Isn't it good the month only lasts for 28 days and only now and then has the audacity to go for 29? But no matter what our weather critter predicts, days are getting longer and sunshine a bit brighter. February still always has some cold, gray, freezing -drizzle days and may even, as in the past, have a blizzard.

With my birthday, I will add another year to my long life. I try to regard this season of my life with joy and peace. So as each milestone in the seasons of our lives silently reach us, we should try to be interested in the present; also know the limitations of our age. We have known the joys of fulfillment and the harvest of dreams. We are grateful for the love of our family and friends. We accept our lives with grace and try hard to be content. Cherishing the memories, we try to go forth with hope and faith. We say, yes it is fitting that it should be so. Remember my favorite quote from Dr. Seuss "Don't cry because it's over. Smile because it happened."

Drawing the Short Straw

February 22 is Skip the Straw Day. Banning straws has certainly been a hot topic. More and more companies and communities are outright banning these seemingly harmless modern conveniences. This is because Americans, on average, use one million plastic straws each day, and many of those plastic bits are ending up in landfills and our oceans. For those who still want straws or need them for medical reasons, some companies now provide customers with biodegradable or compostable straws, including paper straws. People used to sip drinks through long hollow reeds of ryegrass. That all changed in 1888 when inventor Marvin Stone patented a spiral winding process for paper and created the first paper straw. His straws were far superior to ryegrass straws, for they did not impart a grassy taste to the beverage. So it seems that we have come full circle, back to Stone's original invention. But will banning plastic straws actually save the environment? Not entirely. Plastic straws are just a tiny percentage of plastic pollution. But the anti-straw movement might raise awareness about the harms of plastic to our planet.



*To The Family and Friends Of Millicent Stahl
Our Thoughts And Prayers are with you all.*