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# Happenings at the Hills

Prairie Hills Assisted Living and Memory Care 1701 13<sup>th</sup> Ave N. Clinton IA, 52732 TEL: 563-243-6870

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**Always fun and laughs when the  
Easter bunny visits.**



## Celebrating May

**Physical Fitness & Sports  
Month**

**Older Americans Month**

**Meditation Month**

**Nurses week  
May 5-11**

**Teacher Day  
May 7**

**Mother's Day  
May 12**

**Nylon Stockings Day  
May 15**

**Memorial Day: U.S.  
May 27**

**Paper Clip Day  
May 29**



## May Birthdays

**Carole Roeder 16th**

**Marlene Boysen 21<sup>st</sup>**



## EMPLOYEE BIRTHDAYS

May 2<sup>nd</sup>- Kathy Buelow

May 2<sup>nd</sup>- Kayla Rose

May 25<sup>th</sup>- Amy Guy

May 27<sup>th</sup>- Stephanie Shadle-  
Webb

May 18<sup>th</sup>- Antonio Spivey



## Highlights in May

May 2<sup>nd</sup>- Mercy home care will be with us from 9am-11am to assist with any medical equipment needs.

May 3<sup>rd</sup>- Cinco De Mayo Fiesta- Residents and families we will have a taco bar set up from 11am until 1:00pm served with Margaritas! Music with Ron Cook

May 10<sup>th</sup> Mothers Day- From Drama Mama to Laghter Queen! Join us with Teddy from laughter yoga from 10:30am until 11:30 am on Friday May 10<sup>th</sup>... "How to be an encouraging mom no matter what! 3 door prizes, bookmarks and LOTS OF FUN!!!"



Our April dare to dream outing was with Julia VanLoo. She had told me she always wanted to try to work on a pottery wheel. On April 19<sup>th</sup> we made that happen. We started our night with dinner at Biaggi's in Davenport then went on to the QC-colab. There we met Carolyn she was a passionate and wonderful teacher. Julia worked with the Clay on the wheel and did a wonderful job. We laughed a lot and had a lot of fun. We enjoyed making Julia's dream come true. Thank you, Julia, for allowing us to share your wish.



## MAY DAY

For many, the first rite of spring comes on May 1, May Day, with the raising of the maypole. The celebration of May Day dates back thousands of years. The Celts of the British Isles celebrated May 1 as Beltane, their most important holiday. It was believed that this holiday marked the halfway point of a year split between the dark and light. Massive fires were burned to herald the start of the return of life. The tradition of raising and dancing around a maypole came much later, during the Middle Ages. It was common for villagers to dance around the maypole bearing colorful streamers, ribbons, and baskets of flowers, symbolizing the fertility of the earth and blooming of trees and flowers. It wasn't until May 1, 1886, that May Day became associated with the labor movement. In those days, workers of all ages suffered from abhorrent working conditions. It was on that May Day that 300,000 workers marched across America to demand better working conditions and higher wages. Today, while May Day is considered a major holiday in many countries, it is not widely celebrated, least of all in the United States.



## For the Love of Pugs

Pug lovers of every stripe will flock to Milwaukee on the weekend of May 18-19 for the annual Pugfest. The focus of the festivities revolves around three adorable costume contests, where pug owners parade their dogs for all to see. The costume categories are: "Hand-Crafted," "Ready-Made," and "Strollers and Floats." When visitors aren't ooh-ing and aah-ing over the cute dogs, they will be watching pug races and allowing Father John Allen to perform the annual Blessing of the Pugs. Why do people love these tiny and, some might say, ugly dogs? They were originally bred as companion animals for Chinese royalty. When the dogs were brought back to Europe in the

